

**IYANNW Board Meeting**  
**22 January 2006**  
**Seattle, WA**

The meeting opened at 1 pm with 3 om's and the invocation to Patanjali led by Felicity Green.

All board members except Nadine Sims were present. In addition Michelle Ringgold attended.

Motion to approve minutes of the Fall 2005 meeting was made by Judy and seconded by Felicity. The minutes were unanimously approved.

**Committee Reports**

**Treasurer Report as of 16 January 2006 (Pat for Nadine).**

Report sent via us mail to Pat.

\$1819.27	balance
\$397.39	dedicated to scholarship fund

There are deposits to make and checks to write.

**ACTION ITEMS:**

- Reconciliation between the last report and the current report**
- Create annual report for the newsletter. Save report template.**
- Provide a balance sheet at each meeting and do one retroactively for this meeting.**
- Create annual report for the summer meeting.**

**Membership-- Nina.**

As of the end 2005 the membership breakdown was:

~64	general members
12	teachers re-upped

**Communications-- Don.**

- Website is up
- Two newsletters have been published
- Notes have been compiled for future newsletters
- Newsletter costs: 2.25 for full color last time, .3 for one color
- Maybe use heavier quality paper next time
- Use wafers next time to keep newsletter closed
- 300 copies produced
- Content can be added, increasing the size, 2/3 was left out to keep newsletter to 4 pages
- FG- Let's go midway, better paper, a bit better quality
- DG- Add pages?, 2 or 4 at a time
- Go to email? Or add email blast
- Ask students to sign up for IYANW email list and create a broader IYANW mail and email lists (email for now)
- Ask teachers to recruit, collecting names and email address at their studios and to share their email lists
- For emails use "Iyengar Yoga Association of the Northwest" in the subject line

**ACTION ITEMS:**

- Don send Adail P. (sp?) flyer to IYNAUS ethics committee.**
- Don will build and maintain an email database**

**Pat and Michelle will write prototype blasts, one item from each region of the association  
Don will design and send to teachers as an example of what we plan on sending to their students  
Don send a signup sheet in .PDF format to the studios to use to recruit students**

**Scholarship. Judy.**

An application form has been developed by Judy for the boards review.

What should we fund?

Assessment expenses?

Workshops with senior teachers?

Conventions?

In what priority?

Help people, not pay for everything

Application deadline? 1 month ahead of event (workshop)?

6 months ahead of assessment or convention?

Committee blinded to the applicant (except the chair)

Committee meetings monthly or as needed

One scholarship per year ?

Deadlines:

No fewer than 60 days before workshops, conventions and assessments

Add section to the form describing how the committee works including:

Meets monthly or as needed

Selected by blind process by IYANW committee

If there are multiple decent candidates then the decision will be made by lottery

Ask on form for potential recipients to provide summary of their funded experience to use in the Newsletter

Award will come with form to account for expenses

**Pat proposed that an allocation of a part of each members dues to the scholarship fund?**

**How much?**

**FG- Motioned to have \$5.00 from each member's annual dues be dedicated to the scholarship fund (starting in 2006).**

**Nina- Seconded the motion**

**Unanimously approved**

**ACTION ITEMS:**

**Paul and Felicity agreed to be on the scholarship committee.**

**Don, email blasts about scholarship opportunities**

**Judy, create a list of requirements and duties of committee members . Send to Pat for review.**

**Judy, ask other IYANW members to be on the committee. Send email.**

**Judy to create form for acceptance, dispersal, and asking for summary of event**

**New Business**

**Association Legal Status. Nina**

The last page of the bylaws was distributed and signed by six members.

EIN – done

Non-profit status in OR done

**ACTION ITEMS:**

**To be done:**

**OR department of justice signed bylaws submitted  
501c3, non-profit status form needs to filled out and submitted. Send to Pat and she will complete even if we need a lawyer. Peer review process**

**Job Descriptions.**

Each board member to edit our own descriptions based on board members feed back and send draft to Pat  
Pat to review and send out for final review and approval  
Do we need an at large position? If so, we need a description of the position  
All duties should have a job description.

**ACTION ITMES:**

**All members add standard language: Must attend meetings  
Pat, create board regulations. Review what IYNAUS uses  
Felicity, write the board member nominating committee job description**

**Finances.**

**Resolution:**

**The president and one other board member has to approve/authorize the writing of checks from the IYANW account for invoices other than IYNAUS or previously authorized expenses.**

**Nina motioned to accept the above resolution.**

**Felicity seconded the motion.**

**Unanimously approved**

**ACTION ITEMS:**

**Nina to work with Nadine to learn Quicken.**

**Pat will call Nadine about job description and the use of Quicken to manage our resources**

**Spring/Summer General Meeting.**

Date: June 2<sup>nd</sup>, 4 pm, Sunset Yoga Studio

**Fall Meeting Date.**

????

**Meetings Plan for 2007.**

The first weekend in February, June and October

**Newsletter.**

Are we satisfied with three newsletters? Yes.

Schedule for publication:

Submission deadlines:

November 15<sup>th</sup> 2006 for January

February 15<sup>th</sup> for April

June 15<sup>th</sup> 2006 for August

Publication Schedule:

January

April

August

*Notes taken by paul cheek.*