

IYANW Board Meeting Minutes

May 2005

Those Participating:

IYANW Board Members: Pat Musburger, Felicity Green, Nina Pileggi, Nadine Sims, Paul Cheek, Judy Landecker, and Don Gura;

Conducted Via Email:

The meeting was called to order when Pat Musburger sent an email to all board members on Wednesday, May 11, 2005 at 10:35 AM

Meeting Minutes.

Pat's Email:

From: Pat Musburger [mailto:pmusburger@msn.com]
Sent: Wednesday, May 11, 2005 10:35 AM
To: Felicity Green; Nina Pileggi; Nadine Sims; Paul Cheek ; don@dongura.com; Judy
Subject: IYANW Meeting

Thanks you all for your responses to the call for agenda items. If everyone will please look over this letter and send replies to all board members so we can each read what others have to say. I realize that some items may have to be tabled until we can discuss in person. Thanks

Old Business:

Minutes of previous meeting---Please review the minutes from our last (and first) meeting and either approve or corrections.

By-Laws: Revised by laws are on the website—please review and send either approval or corrections.

Treasurers Report: Nadine, please respond

Membership Report: Nina, please respond

Communications: Don has posted a preliminary website—please go to <http://www.dongura.com/iyaw/> send comments please.

Board Membership: It should be noted in the minutes that Judy Landecker of Helena, MT has officially joined the board for a 2 year term. Welcome Judy and thank you.

Scholarship: The dinner that was held during the Northwest Yoga fest was very well received.

Every Iyengar teachers who presented classes or panels at the festival attended: John Schumacher, Felicity Green, Julie Lawrence, Julie Gudmestad, Ingela Abbott, Joanne Pearson. Local and visiting students and

teachers made up the remainder of the 30 people in attendance. Personally, I think it did a great deal to foster both Iyengar yoga's community and the association. With donations and paid tickets, we collected \$400. One of my teachers did the catering. The cost of the food was \$102.61 I traded her a session of classes for her labor (which was worth much more as the food was fantastic) as a contribution to the fund. Which means that our profit now stands at \$297.39. Please see new business for more on the scholarship fund.

New Business:

I We need to set a date and place for the next meeting. According to the by-laws we are scheduled to meet the 3rd weekend of September. That does not seem too likely since it is the week before the Colorado Conference (and with luck the weekend of my assessment) Other Possibilities:

1. At the Colorado Conference—though not all the board members were able to get into the conference—perhaps we could have a pre-meeting.
2. In Seattle after the conference—October before IYNAUS meets.

Other suggestions are welcome

II. Communications: Question—how can we post things on the website? Such as workshops and special events. Is it time to think of doing a newsletter? Who would like to contribute articles?

III. Scholarship: 1. Motion: that Judy Landecker be coordinator of the scholarship committee.
(Judy has agreed to do this)

2. Motion: that the scholarship committee include one additional board member and be responsible for drawing up guidelines for application and administering the funds.

3. Motion: That \$120 be transferred from our general fund to the scholarship fund to cover the cost of the dinner for the invited teachers at the yoga festival dinner. (You may recall that at the last meeting we authorized \$20 per teacher to be spent on the dinner).

IV. Minutes: Paul would like some guidelines on how to do minutes for this type of meeting.
Any suggestions?

V. IYNAUS/IYANW It should be stated that IYNAUS gave us \$1,000 as seed money to revitalize our regional organization. On behalf of the IYANW, I sent a note to the IYNAUS board thanking them for their support. In it I included a report on the Yoga Festival dinner. I would like to share with you some of the comments I got in e mails and phone conversations afterward. These quotes are from non-certified teachers or students—not board members and they were unsolicited.

“...great to see Iyengar yogis coming together in this part of the country” “This will begin to bring some recognition and respect to Iyengar yoga here.” “I had dropped my membership because there was nothing for me out here—but now I’ll rejoin, thanks”

I hope all this makes sense and I have covered all the material needed. I look forward to your responses. Please respond by May 18. Thanks for you time and concern.

Namaste, Pat

Old Business.

I.

The minutes were approved by all board members.

II.

The bylaws were approved by all board members.

III.

Treasurers Report: Nadine Sims

Our current total balance as of 5/18/05 is \$1008.45. Of this total \$297.39 is dedicated to the scholarship fund.

IV.

Membership Report: Nina Pileggi

I have received a final membership accounting for our region, as well as a spreadsheet with all addresses, phone numbers and email addresses. We have 30 members, 29 of whom joined through IYNAUS. Therefore, IYNAUS owes us \$725, and be sending us a check shortly. One additional person joined at the NW Yoga Festival, bringing our total to 31.

V.

Fall Meeting:

All board members support having the next board meeting in Colorado. Note that Nadine will not be there and Paul is on the waiting list. It is possible that another board member may have to take the minutes. If you record the meeting Paul will type the minutes or another member can take notes and then Paul can type the minutes up from there.

VI.

Communications:

From Pat Musberger:

Featured Article: Request that Felicity submit the first one--any of the wonderful articles from Namaste News would be an outstanding contribution to the newsletter. Many members do not get your newsletter and for those of us who do, they are always worth reading again. This could also be posted on the website with a note that says that it is part of the newsletter available to members.

Note from the Pres.: I would like to write a short piece about the mission of our Association and the Yoga Festival (we have some great pictures) that emphasizes the power and peace that come from unity.

Upcoming Events: Until we have further clarification I suggest that we list only workshops and classes of certified teachers or teachers in training. So any workshops we know of in this region should be submitted to Don for inclusion. We can also present info about the Light on Life tour.

The Board: A short bio of each board member could be included in this first newsletter. A brief synopsis of background and current interests. The type of thing that would go on a web page or in a brochure perhaps. Don might want to give us a word limit and reserve the right to edit!

Call for ideas, news and articles. Give contact information for submitting news and articles and general comments. Either Don or I can write this.

Don--if this will work for you, please give us a deadline for getting you information. I would be glad to take care of the printing and mailing if that would help out.

From Nina Pileggi:

Communications: In order to keep our momentum up, we need to communicate as soon as possible. The website will be great start. I do think we should put together a newsletter with bits about upcoming assessments, workshops, Iyengar Yoga in the news, and the Light on Life tour.

I can proofread if he would like.

From Felicity Green:

Communications . it looks fine but I suggested we need an article and offered the one I wrote after the last convention. I suggested that everyone send to Don their workshops events, teacher training . We have to decide who is eligible to advertise , do they have to be teachers in training and above???

From Don Gura:

I would be willing to work on a newsletter. Can someone start some basic content based on our last meeting of topics to include in it. I'll work with them.

It is currently difficult for anyone other than me to post workshops to the website since it is on my own server host. When we go to nationals model, it should be easy to do. This is a question for Carmen.

I'll be glad to start on our first newsletter. I would need all the content described below by the end of June. It will take me about 2 weeks to lay it all out and work edits with whomever is going to be my proofreader. That's a key role since I'm a bad copy editor.

Any images or pictures will make the whole thing look some much nicer than a text heavy document. So be on the lookout for digitized images about us or from your clip art files. Our mast head could look similar to our website banner. Do you guys like that?

Our first issue should focus primarily on our creation as a new chapter. So all article could feed that idea.

Pat, since you have access to more and better printers, I'll take you up on getting it printed and mailed from Seattle. I can digitally upload it to any print organization.

Contacting the members on the national scholarship committee sounds like a good idea to me. I can design a pdf to download for application.

From Paul Cheek:

I would like to understand how we plan to encourage students to become members. My guess is that most of the members are teachers or are on the path towards becoming a teacher. I wonder if our outreach will include asking studios like JLYC to offer discounts to members for workshops and maybe classes.

I would be honored to be the copy editor / proofreader for the newsletter.

VII.

New business and other Items:

From Judy Landecker:

Here in Montana, we have had two centers close due to competition from health clubs. The Whitefish center was a mix of many different approaches to Yoga, but was the only place in Northwest Montana that offered Iyengar Yoga. The Great Falls center also offered many styles, but was mainly Iyengar Yoga teachers. Both centers experienced a loss of students because the students could pay one fee for a year at the health club and take as many or as few Yoga classes as they wanted and could also take any other class instead. Teachers need to be able to support their families as they teach. Any ideas about how to show students that they are better off with the teachers at centers? The Great Falls center and a non-Iyengar center here in Helena both tried unsuccessfully to offer multi-class, long-term 'passes'.

How do we show the value of our organization to students (and even teachers) who may be in remote locations or areas that are economically depressed?

Other new business????

Action Items:

- Pat Musburger will arrange for the September meeting that will concur with the Iyengar Intensive in Colorado.
- Don Gura will move forward with the creation of the IYANW newsletter. Pat Musburger will help with printing and distribution. All board members will provide relevant content in a timely manner per Don's request. Paul Cheek and Nina Pileggi will act as copy editors. **The deadline for the newsletter is June 30, 2005.**
- Judy Landecker will move forward with the creation of the scholarship committee. Judy will contact members to serve on the scholarship committee and have preliminary suggestions for guidelines at the Sept.

meeting. Carmen suggested that we use the Karin O'Bannon scholarship guidelines as a starting point. They are available from IYNAUS.

- Nina and membership ???????. nothing other than the membership report for the Sept meeting.
- All board members submit a short bio to Don by June 30
- All board members check for workshops of other events in the regions that can be listed in the newsletter and submit the information to Don by June 30. these can be events held anytime from late August to the end of 2005..

Notes entered by paul cheek, 11 June 2005.